

# The **Methodist** Church

Mindful Christianity in an age of uncertainty

An online interactive weekly series

of reflections led by Author and Minister

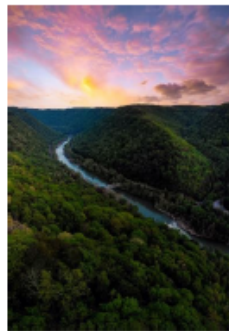
Rev. Malcolm Lorimer

- Beginning Thursday 18<sup>th</sup> February 0645pm

## Sessions:

- 18/2/21 Session 1. What is Christian Mindfulness?
- 25/2/21 Session 2. The Ministry of Jesus and Mindfulness.
- 4/2/21 Session 3. What the Beatitudes teach us about Mindfulness.
- 11/2/21 Session 4. The teaching of Jesus and what he said and practised.
- 18/2/21 Session 5. Jesus in the Wilderness-a time of lockdown.
- 25/2/21 Session 6. Mindfulness in the last days of Jesus.

The reflections will be in a secure and welcoming format on zoom. If you are searching for a Christian faith, would like to know more about Christianity, or want to gain a better understanding of your existing Christian faith All materials will be provided via email, the course is free (donations are welcome from anyone who is able). For more details and to register contact Rev Malcolm Lorimer [maxcricket@btinternet.com](mailto:maxcricket@btinternet.com)



# Resources for Lent



This leaflet contains ideas and opportunities for study guides and courses to follow this Lent. We hope they will resource and deepen your own prayer and reflection as we journey towards Holy Week and Easter.

## DAILY DEVOTIONS

Barbara Glasson has a new Lent Book

### "Reflections on the Water - Forty Days of Praying and Pondering through Lent"

In these reflections for Lent, Barbara Glasson leads us through forty days focusing on the theme of water: its power, potential, terror and gentleness, providing a deep well of daily prayer and meditation. Barbara will be sharing Zoom worship at Wesley on **21st February** (*Methodist Book Centre* Tel: 01782 212146)

facebook

Crewe Lane South, Crewe by Farndon CH3 6PH Contact 07812 432205  
[www.crewebyfarndonmethodistchapel.org](http://www.crewebyfarndonmethodistchapel.org)

## NORTH CHESHIRE METHODIST CIRCUIT LENT COURSE

Revd David Bintliff & Deacon Tim Coleman will be facilitating two groups looking at the Methodist Way of Life via zoom:

**Wednesdays at 4pm & 8pm starting 17th February**

Sessions will begin with worship, followed by a reflection leading into simple questions, group led discussion and a short time of prayer.

*Zoom invites will be sent by Liz to the Wesley & Saughall Pastoral mailings on a Wednesday. If you would like to be added to these mailings please contact Liz by email at: ministersadmin@northcheshiremethodists.org.uk or Christine at christine.dutton@methodist.org.uk*

## CHESTER & STOKE DISTRICT EQUALITY, DIVERSITY AND INCLUSION GROUP LENT SESSIONS

**Thursday Evenings from 7:30 to 9:00pm**

- **25 February:** Scriptural Faithfulness
- **4 March:** Physical and Mental Impairment
- **11 March:** Economic Justice
- **18 March:** Living with Difference

*For the Zoom link, please email Rob at chester.stoke@btconnect.com*

## ALL WE CAN LENT COURSE



All We Can is an international development and relief organisation focussed on the world's most marginalised communities. Wesley is a partner church with All We Can.

This Lent you can either follow All We Can's 2021 daily devotional at home or with your whole church, to download or order a

physical copy visit [Allwecan.org.uk/lent](https://Allwecan.org.uk/lent)


**Every Wednesday evening at 8pm, during Lent.**

There is the opportunity to join a group of Christians who are inspired by All We Can's work and seeking to change, reflect and grow this Lent.


Sign up at: [www.allwecan.org.uk/event/lentgroup](http://www.allwecan.org.uk/event/lentgroup)

## ENGLESEA BROOK LENT SERIES

Englesea Brook is thrilled that Jill Baker will lead their Lent studies on the theme of 'Choosing the Wilderness'.



Englesea Brook  
Chapel & Museum  
Lent Bible Studies  
**'Choosing the Wilderness'**



Led by Jill Baker:  
Wednesdays  
10.30am-12 noon  
Via Zoom

Wed 17th February — Fleeing—the story of Hagar  
Wed 24th February — Escaping—the example of Israel  
Wed 3rd March — Sulking—the experience of Elijah  
Wed 10th March — Driven—Focussing on Jesus

For a zoom invitation, please contact Ruth Hilton on [engleseabrookproject@outlook.com](mailto:engleseabrookproject@outlook.com)  
These are free events. Donations invited for All We Can

Starting on **Wednesday 17th February**, there will be 4 sessions on consecutive weeks, the final one on Wednesday 10th March. Each one will begin at **10.30am**, and finish at 12 noon.

If you would like to receive a zoom invitation, please contact Ruth Hilton on [engleseabrookproject@outlook.com](mailto:engleseabrookproject@outlook.com). All are welcome.