NCT Chester Lone Parent Group

Currently parenting alone?

Would you like to get together with others in a similar situation for friendly chat and mutual support?

Come along to one of our regular meetings at Wesley Church Centre in St. John Street, CH1 1DA:



1.00-2.30pm on the **last Saturday** of the month

The group is run by our dedicated Lone Parent contact, so there will always be a friendly face to greet you.

For more information, please find us on

Facebook or send us an e-mail. We look forward to hearing from you!





@NCTChester <u>chester@nct.org.uk</u>

More about NCT Chester Branch

NCT is the largest charity for parents in the UK. The Chester Branch is run by a dedicated team of volunteers who offer practical and emotional support to help you to become the parent you want to be.

We run fun, informal groups to support you from pregnancy to parenthood, and exciting events to get involved in with your little ones too.



From Bumps and Babies Groups, Craft Sessions, Photo Days, Nearly New Sales and First Aid Courses, there is so much to get involved with!

We are always looking for new ways to support local parents, so if there is a group you would like to see, or even help us to set up - get in touch! Want to get involved? Ask us about Volunteering!

New things are happening at NCT Chester all the time so stay in touch - we would love to hear from you!

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