

Bread making at Wesley

Every Wednesday & Friday

10am to 1pm



Why bread making?

Hand-made bread is great to eat - completely different from factory-made bread. But not many people have the confidence to try making it themselves. In a bread-making group we can all learn from each other.

Why make bread in a church centre?

Bread is central to the Christian faith as a symbol of goodness, sharing and sacrifice. There are many bible stories about bread, like the feeding of the five thousand. The bread in our communion service reminds us of Jesus sharing bread with his friends to show how he was giving himself for them.

The bread makers include Christians, people of other faiths and no faith. By working together we extend Wesley's mission of hospitality to all in the city centre of Chester.

What happens at bread making?

We work together on our dough around a common table, swapping tips and ideas as we go. We help beginners to understand what to do and why they are doing it.

It takes a while for dough to rise, so this gives us time to talk and get to know each other. Many value the group for the friendship and support they have found there.



For those that want it, there is a **quiet time** at 12 noon. We enjoy some peace and quiet together. Some will light a candle - perhaps for someone they know or something they want to say thank you for.

We sometimes make ‘specials’ like pizza, foccaccia or Chelsea buns, which we then share together.

Bread making at Wesley depends on **everyone doing their bit**. Some people choose to help set up, others do the washing up and others clear away at the end. We work together to support and welcome newcomers.

We like to give some of our bread away as a gift - a symbol of generosity which spreads the word about making bread. We support the Chester and Ellesmere Port **Foodbank** by maintaining a box of frozen bread to supplement its non-perishable food parcels.

What do I need to bring?

- A **fabric bag** to take your bread home in
- A suggested **donation** of between £3 and £5 for ingredients and other costs
- An **apron** if you would rather not wear a disposable one
- Any **special ingredients** you want



The Wesley Church Centre 

Part of the world-wide family of Methodist Churches