

# Beginners Circle Dance Session

The Wesley Centre Chapel, St John's Street, Chester.

Thursday September 14th 2017  
11am to 12pm

Take hands in a circle and experience a sense of community as we dance simple dances from around the world to beautiful music. The dances create and reflect many moods, from upbeat and joyful, to meditative and soulful. Circle dancing is for all ages, and is in the main fairly gentle, although there are lively dances too! It brings people together and creates a real feeling of community and well being.

Yes, there are steps to learn, and a feeling for rhythm helps, but the basic dances are very accessible, and each dance will be carefully taught by two experienced teachers. A warm and welcoming atmosphere is guaranteed, so if you love dancing and want to try something new, come along.

We are delighted and privileged to be dancing in this beautiful restored chapel!

*Cultural\* Enriching\* Inclusive*

COST: £5 on the door, but if you can't afford this, pay what you can afford.

Contact Nawal and Dee on 01244 679100, or email us at: [nawal.dee@gmail.com](mailto:nawal.dee@gmail.com) if you have any questions.

**But there is no need to book, just turn up.**

*N.B. No partner or Lycra needed!*